

<p>50 Freestyle</p> <p>26.18 Chrissy Fisher 2004 26.37 Nkosazana Nkululeko 2009 26.52 Jessica Lix 2011 27.03 Claire Norton-Cruz 2002 27.43 Lindsay Tice 2011 27.43 Shayna Elbling 2006 27.58 Alexi Ueltzen 2007 27.61 Katie Young 2010 28.06 Kat Love 2003 <b>28.21 Kerianne Brownlie 2011</b></p>	<p>100 Freestyle</p> <p>59.29 Shayna Elbling 2006 59.95 Jessica Lix 2011 1:00.11 Chrissy Fisher 2005 1:00.38 Rachel Griffith 2008 <b>1:00.56 Kerianne Brownlie 2011</b> 1:00.57 Cathy Knight 2009 1:00.83 Nkosazana Nkululeko 09 1:01.64 Katie Young 2010 1:01.84 Claire Norton-Cruz 2002 1:01.94 Lindsay Tice 2011</p>	<p>200 Freestyle</p> <p>2:09.30 Catherine Stitt 2006 2:11.37 Rachel Griffith 2009 2:12.47 Cathy Knight 2009 2:16.14 Kylie Hepper 2002 2:16.33 Sophia Tuttle 2004 2:18.58 Jessica Embree 2006 2:19.12 Lindsay Tice 2010 2:19.43 Sarah Hamby 1999 <b>2:19.84 Lulu Thrower 2011</b> 2:19.88 Samantha Sahnaw 2010</p>
<p>500 Freestyle</p> <p>5:45.37 Catherine Stitt 2005 6:09.13 Kylie Hepper 2002 6:13.48 Lindsay Tice 2011 6:14.91 Rachel Griffith 2008 6:15.20 Sophia Tuttle 2005 6:20.37 Samantha Sahnaw 2010 6:23.42 Alexi Ueltzen 2003 6:23.60 Jessica Embree 2007 6:31.96 Naomi Frigo 2003 6:33.19 Ashley Hart 2001</p>	<p>1000 Freestyle</p> <p>11:49.18 Catherine Stitt 2006 12:04.47 Rachel Griffith 2007 12:58.40 Lindsay Tice 2010 13:08.93 Alexi Ueltzen 2003 13:10.30 Samantha Sahnaw 2010 13:16.30 Jessica Embree 2006 13:30.88 Ashley Hart 2004 13:39.16 Amelia True 2009 <b>13:46.15 Bonnie Horgos 2011</b> 13:48.93 Naomi Frigo 2003</p>	<p>1650 Freestyle</p> <p>19:29.00 Catherine Stitt 2006 19:58.05 Rachel Griffith 2008 21:42.74 Sophia Tuttle 2005 22:33.27 Alexi Ueltzen 2004 22:50.36 Ashley Hart 2004 22:58.88 Helen Kelly-Isham 2006 23:14.89 Naomi Frigo 2003 23:30.00 Amelia True 2009 <b>23:50.29 Bonnie Horgos 2011</b> 24:39.02 Ledah Casburn 2002</p>
<p>50 Backstroke</p> <p>30.36 Rachel Griffith 2009 31.62 Jessica Lix 2011 31.63 Shayna Elbling 2006 31.82 Nkosazana Nkululeko 2009 32.38 Kat Love 2004 33.72 Amanda Klotzsche 2000 <b>33.98 Olivia Rasquiza 2011</b> 34.31 Claire Norton-Cruz 2002 34.45 Robin Cumming 2008 34.83 Amina Dzano 2009</p>	<p>100 Backstroke</p> <p>1:04.20 Rachel Griffith 2008 1:08.50 Shayna Elbling 2006 1:09.04 Chrissy Fisher 2005 1:09.64 Kat Love 2003 1:11.48 Nkosazana Nkululeko 09 <b>1:12.07 Olivia Rasquiza 2011</b> 1:12.96 Claire Norton-Cruz 2001 1:13.57 Sachiko Hakuta 2006 1:15.26 Amanda Klotzsche 2001 1:15.62 Amelia True 2009</p>	<p>200 Backstroke</p> <p>2:19.09 Rachel Griffith 2008 2:38.71 Kat Love 2004 <b>2:39.81 Olivia Rasquiza 2011</b> 2:42.76 Catherine Stitt 2006 2:43.41 Amanda Klotzsche 2001 2:43.44 Claire Norton-Cruz 2001 2:43.64 Shayna Elbling 2006 <b>2:45.88 Kerianne Brownlie 2011</b> <b>2:48.50 Kelsey Mercado 2011</b> 2:52.62 Emily Kaufmann 2002</p>
<p>50 Breaststroke</p> <p>33.06 Chrissy Fisher 2005 34.84 Amina Dzano 2009 37.53 Michaela Ellis 2009 37.76 Paloma Hesemeyer 2002 37.99 Iris Corey 2008 38.47 Ledah Casburn 2000 39.59 Rachel Thieme 39.99 Nkosazana Nkululeko 2009 40.01 Rachel Griffith 2009 40.07 Emily Lebsack 2010</p>	<p>100 Breaststroke</p> <p>1:09.90 Chrissy Fisher 2007 <b>1:16.21 Lulu Thrower 2011</b> 1:17.28 Amina Dzano 2009 1:19.11 Michaela Ellis 2007 1:19.13 Catherine Stitt 2006 1:20.39 Paloma Hesemeyer 2002 1:20.23 Maia Johnson 2006 <b>1:20.98 Iris Corey 2011</b> 1:24.12 Emily Lebsack 2010 1:24.40 Sarah Chavez 2009</p>	<p>200 Breaststroke</p> <p>2:35.55 Chrissy Fisher 2006 2:43.11 Catherine Stitt 2006 <b>2:50.42 Lulu Thrower 2011</b> 2:53.13 Paloma Hesemeyer 2002 <b>2:55.86 Iris Corey 2011</b> 3:01.63 Amina Dzano 2009 3:02.32 Emily Lebsack 2008 3:03.15 Helene Kelly-Isham 2006 3:05.39 Alice Kaminski 1999 3:07.89 Rachel Thieme 1999</p>
<p>50 Butterfly</p> <p>28.51 Lindsay Tice 2010 29.81 Claire Norton-Cruz 2002 30.41 Nkosazana Nkulueko 2009 30.80 Cathy Knight 2008 31.70 Rachel Griffith 2009 32.13 Sophia Tuttle 2004 32.41 Katie Young 2010 33.21 Amina Dzano 2009 33.36 Michaela Ellis 2009 33.48 Amelia True 2008</p>	<p>100 Butterfly</p> <p>1:02.04 Lindsay Tice 2011 1:04.82 Claire Norton-Cruz 2002 1:06.50 Cathy Knight 2009 1:09.78 Catherine Stitt 2006 1:12.92 Katie Young 2009 1:16.04 Nkosazana Nkululeko 09 1:16.29 Maia Johnson 2006 1:16.42 Michaela Ellis 2007 1:17.25 Sachiko Hakuta 2006 1:17.45 Samantha Sahnaw 2008</p>	<p>200 Butterfly</p> <p>2:24.58 Lindsay Tice 2011 2:40.59 Cathy Knight 2008 2:44.46 Claire Norton-Cruz 2001 2:51.08 Michaela Ellis 2008 2:51.20 Catherine Stitt 2006 <b>2:58.34 Katie Young 2011</b> 3:07.54 Emily Lebsack 2008 <b>3:10.24 Desirae Tongco 2011</b></p>

100 Individual Medley 1:09.96 Claire Norton-Cruz 2002 1:11.44 Nkosazana Nkululeko 09 1:12.54 Rachel Griffith 2009 1:12.68 Amina Dzano 2009 1:16.03 Kelsey Mercado 2011 1:16.14 Michaela Ellis 2009 1:16.61 Lindsay Tice 2010 1:17.15 Katie Young 2010 1:17.17 Emily Lebsack 2010 1:17.49 Rachel Thieme 1999	200 Individual Medley 2:24.49 Catherine Stitt 2006 2:26.40 Chrissy Fisher 2005 2:27.32 Claire Norton-Cruz 2002 2:32.50 Rachel Griffith 2009 2:36.33 Michaela Ellis 2008 2:36.95 Lulu Throver 2011 2:37.47 Lindsay Tice 2010 2:38.42 Cathy Knight 2008 2:39.73 Sophia Tuttle 2004 2:41.68 Amina Dzano 2009	400 Individual Medley 5:18.78 Catherine Stitt 2005 5:52.93 Sophia Tuttle 2005 5:53.61 Emily Lebsack 2008 6:02.16 Kelsey Mercado 2011 6:06.76 Naomi Frigo 2004 6:50.53 Jenny Safreno 2007
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Color Key for Meets 2011-2012

Mills vs. CSU EB 10/14/11

Bay Area Invitational 10/29/11

Mills vs. Willamette and College of Idaho @ Willamette 12/2/11

Mills vs. Linfield and College of Idaho @ Linfield 12/3/11

-----Top 5 Relays-----

200 Free Relay

- 1:49.52- 2011 NAIA Nationals: Lindsay Tice, Kelsey Mercado, Sam Sahnaw, Jessica Lix
- 1:50.91-2008 NAIA Nationals: Chrissy Fisher, Robin Cumming, Sam Sahnaw, Rachel Griffith
- 1:50.92- 2010 NAIA Nationals: Nkosazana Nkululeko, Amina Dzano, Sam Sahnaw, Katie Young
- 1:51.53-2011 @ Chapman:
- 1:51.88- 2006 NAIA Nationals: Shayna Elbling, Erin Lucas, Sophia Tuttle, Chrissy Fisher

400 Free Relay

- 4:04.55- 2006 @ Cal Tech: Sophia Tuttle, Shayna Elbling, Catherine Stitt, Chrissy Fisher
- 4:04.72- 2006 NAIA Nationals: Shayna Elbling, Sophia Tuttle, Chrissy Fisher, Catherine Stitt
- 4:04.76- 2011 NAIA Nationals: Jessica Lix, Lindsay Tice, Sam Sahnaw, Kelsey Mercado
- 4:07.10-2010 NAIA Nationals: Katie Young, Kelsey Mercado, Amelia True, Nkosazana Nkululeko
- 4:08.48- 2009 @ CSUEB: Cathy Knight, Kelsey Mercado, Amelia True, Nkosazana Nkululeko

800 Free Relay

- 9:02.38- 2009 NAIA Nationals: Rachel Griffith, Kelsey Mercado, Amelia True, Cathy Knight
- 9:21.15- 2008 BAI: Amelia True, Rachel Griffith, Cathy Knight, Sam Sahnaw
- 9:23.46- 2005 BAI: Sophia Tuttle, Alexi Ueltzen, Shayna Elbling, Catherine Stitt
- 9:30.46- 2009 BAI: Rachel Griffith, Nkosazana Nkululeko, Amelia True, Sam Sahnaw
- 9:40.46- 2006 BAI: Alexi Ueltzen, Helene Kelly-Isham, Sachiko Hakuta, Jessica Embree

200 Medley Relay

- 2:03.26- 2008 NAIA Nationals: Rachel Griffith, Chrissy Fisher, Michaela Ellis, Sam Sahnaw
- 2:03.43- 2006 NAIA Nationals: Shayna Elbling, Chrissy Fisher, Catherine Stitt, Sophia Tuttle
- 2:04.01- 2009 Leo Invitational: Rachel Griffith, Amina Dzano, Katie Young, Nkosazana Nkululeko
- 2:04.63- 2007 CSUEB Dual Meet: Rachel Griffith, Chrissy Fisher, Michaela Ellis, Erin Lucas
- 2:04.71- 2011 @ Cal Tech:Nkosazna Nkulueko, Amina Dzano, Lindsay Tice, Sam Sahnaw

400 Medley Relay

- 4:26.85- 2006 NAIA Nationals: Shayna Elbling, Chrissy Fisher, Catherine Stitt, Sophia Tuttle
- 4:31.91- 2008 NAIA Nationals: Rachel Griffith, Chrissy Fisher, Michaela Ellis, Sam Sahnaw
- 4:36.66- 2006 @ CSUEB: Shayna Elbling, Chrissy Fisher, Catherine Stitt, Sophia Tuttle
- 4:43.57- 2008 vs. L&C, Willamette: Rachel Griffith, Iris Corey, Cathy Knight, Sam Sahnaw
- 4:45.04- 2006 @ Linfield: Shayna Elbling, Chrissy Fisher, Catherine Stitt, Sophia Tuttle