
COURSE: Parent and Child Aquatics**Course Code: 34900**

Purpose To help develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in , on and around the water.

Prerequisites

- No skill prerequisites
- Child must be at least 6 months old to enroll
- Parent or other caregiver must accompany each child into the water and participate in each class

Learning Objectives

- Increase knowledge of water safety and practices;
- Provide an opportunity for water adjustment and swimming readiness skills;
- Use play as a basic form of learning and provide fun and enjoyment in the water;
- Encourage participant socialization; and
- Provide parental involvement in the learning process and reinforce the parent's or caregiver's role in the child's learning.

Length No minimum number of hours suggested.

Instructor Currently authorized Water Safety (r.04) instructor.

Certification Requirements Participation

Certificate Issued and Validity Period Parent and Child Aquatics – None

Participant Materials None

COURSE: PreSchool Aquatics

Course Code:

Purpose	To help develop swimming readiness in water exploration activities with the objective of having fun and becoming comfortable in, on and around the water and introducing some basic water skills.
Prerequisites	<ul style="list-style-type: none">• No skill prerequisites• The class is designed for 3-5 years old children• The child must be able to participate within a small group learning environment• The child must be able to join in activities independent of parents or guardians
Learning Objectives	<ul style="list-style-type: none">• Increase knowledge of water safety and practices;• Provide an opportunity for water adjustment and swimming readiness skills;• Use play as a basic form of learning and provide fun and enjoyment in the water;• Encourage participant socialization; and• Begin exploring breath control, floating, kicking and other basic water skills
Length	No minimum number of hours suggested.
Instructor	Currently authorized Water Safety (r.04) instructor.
Certification Requirements	Participation
Certificate Issued and Validity Period	PreSchool Aquatics – None
Participant Materials	None